

Date: ____/____/____ School: _____ Year level _____

YOUR DETAILS

First Name:	D.O.B (day/month/year) ____/____/____
Last Name:	Male <input type="checkbox"/> Female <input type="checkbox"/>
Preferred/nick name	Ethnicity/s (e.g. NZ, Maori, Samoan, Indian)
Home Address e.g. 12 Black Road	Home ph.
Suburb/area e.g. Cannons Creek, Newtown	Mobile
Email:	

Parent/Caregiver Details

1st parent/caregiver

2nd Parent/caregiver

Name (First and Last)		
Relationship (e.g. mum/dad/nana)		
Mobile Ph.		
Email		

Medical Q's	Y/N	If YES What?
Do you have any medical conditions? E.g. Asthma, Diabetes, Rheumatic Fever, Heart Murmur, Epilepsy	YES <input type="checkbox"/> NO <input type="checkbox"/>	
Do you take medications? E.g. pills, injections.	YES <input type="checkbox"/> NO <input type="checkbox"/>	
Allergies? E.g. medicines, foods	YES <input type="checkbox"/> NO <input type="checkbox"/>	
Do you have any Dental Concerns?	YES <input type="checkbox"/> NO <input type="checkbox"/>	
Orthodontics: Do you have, or will be getting braces?	YES <input type="checkbox"/> NO <input type="checkbox"/>	
Anything else?	YES <input type="checkbox"/> NO <input type="checkbox"/>	
Last dental visit	Date:	Where?

I understand I am enrolled to receive free/funded dental care from Simply Dental and am not enrolled with another dental care provider for free dental care: **YES** **NO**

I understand, and am happy to be seen today for a Dental check-up with X-rays **YES** **NO**

Signed _____ **Date:** _____

File Updated <input type="checkbox"/>	Xrays in Sch. folder <input type="checkbox"/>	Xrays in file <input type="checkbox"/>	NE F/up Call comp. <input type="checkbox"/>	NE TBC call <input type="checkbox"/>	NE Call Comp Conf. <input type="checkbox"/>	O/D <input type="checkbox"/>	Updated on SC Master <input type="checkbox"/>
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Self-Care Questionnaire

Oral Hygiene

How often do you brush? 1 x per day 2 x per day 3-4 x per week 1-2 x per week

Do you floss your teeth? YES NO Do you use a mouth wash? YES NO

Dietary Habits: Score yourself 1- 6

1 = 3+ daily **2** = 1-2x daily **3** = 3+ wkly **4** = 1-2x wkly **5** = 1-2x mthly **6** = less than mthly

In the table below, circle the number that best describes how often you have the following

Foods / Drink	Score
Treat/junk foods e.g. Lollies, biscuits, chippies, chocolate, ice cream	1 2 3 4 5 6
Snacks foods e.g. Muesli bars, flavoured yoghurt, cheese and crackers, canned fruit	1 2 3 4 5 6
Take-away foods e.g. fish + chips, McDonalds, KFC, Pizza	1 2 3 4 5 6
Flavoured drinks e.g. fizzy, juice, energy drinks, cordial/Raro, Milo	1 2 3 4 5 6
Fresh fruit and vegetables e.g. banana, apple, orange, carrots, celery, lettuce, tomato	1 2 3 4 5 6

Meal	What do you normally eat? E.g. Breakfast: toast with jam, or, Weetbix & sugar
Breakfast	
Lunch	
Dinner	
Snacks	
Main Drink @ School	Main Drink @ Home:

Based on your self-care answers and your dental check-up, **your Risk Level is:** LOW MEDIUM HIGH

Dental Recall Period: 6mth 12mth We recommend the following care...

<input type="checkbox"/> Congratulations you're doing well and only need a Self-Care Plan	
Preventative Care	<input type="checkbox"/> Additional X-ray <input type="checkbox"/> Fluoride gel <input type="checkbox"/> Protective Coatings <input type="checkbox"/> Scaling/clean
Restorative Treatment	<input type="checkbox"/> Fillings x _____ <input type="checkbox"/> Extraction of Adult / Baby tooth x _____ <input type="checkbox"/> Root Canal Treatment <input type="checkbox"/> ACC Care <input type="checkbox"/> Prior Approval needed <input type="checkbox"/> Your care is Urgent! <input type="checkbox"/> Other _____
Later: In 6mths	<input type="checkbox"/> 6mth Check-up/Preventative <input type="checkbox"/> 6mth Clean <input type="checkbox"/> 6mth Perio Clean
Self-care Support	<input type="checkbox"/> 3mth Check-in <input type="checkbox"/> 6mth Check-in Reason:

I have had my annual dental plan explained; I understand and agree to receive the care recommended

Signed _____ **Date:** _____